

## Screen-Free Week 2023 Calendar of Activities

**How many can you try?! Be sure to bring your activity log when you attend each event!**

DATE	AFTERNOON ACTIVITY	LOCATION	EVENING ACTIVITY	LOCATION
Monday 5/1	<b>TRIVIA LED BY TEENS</b> Local teens act as role models and offer trivia games to younger kids. 3:30 – 5:00 PM	San Juan Library 1010 Guard St.	<b>CONTRA DANCING</b> Put on your dancing shoes and have your family come learn some new moves, including a lot of spinning your kids! 6-7 pm	San Juan Island Grange 152 1 <sup>st</sup> St. N
<b>Sponsor:</b> San Juan Library			<b>Sponsor:</b> SJ Library and SJI Grange	
Tuesday 5/2	<b>EVERYTHING SHREK!</b> Go on a backstage tour of the spring musical, Shrek, and listen to the original story. 3:00 – 4:30 PM ***Pre-registration required	SJ Community Theater 100 2 <sup>nd</sup> St. N	<b>CLIMBING</b> Explore your climbing skills by checking out the rock wall at San Juan Island Fitness. Two time slots available: 5:00-6:30 pm 6:30-8:00 pm  ***Pre-Registration Required***	San Juan Fitness 327 Argyle Ave.
<b>Sponsor:</b> SJ Community Theater			<b>Sponsor:</b> Climb San Juan	

Wednesday 5/3	<b>WHALES GALORE!</b> Love our local Orcas? Tour the museum, listen to some stories, and play an echolocation game.  3:00 – 4:00 pm	Whale Museum 62 First St. N	<b>BOWLING IS BACK!</b> Are you ready to knock down some pins and put on those stylish bowling shoes? 6:00-8:00 pm	Paradise Lanes 365 Spring St.
	<b>Sponsor:</b> The Whale Museum		<b>Sponsors:</b> Paradise Lanes	
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Thursday 5/4	<b>COOKING LESSON</b> Come to the Grange for a cooking lesson from local nutritionist, Kristen Rezabek. 3-4:30 pm	San Juan Island Grange 152 1 <sup>st</sup> St. N	<b>GET CAUGHT READING!</b> Spend a story-filled hour reading at home and see if one of our “Screen-Free Scouts” stops by to catch you reading and deliver a prize!  5:00-6:00 pm	Your home! Be sure that you indicated on your registration form that you want to participate in this event, and that we have your address!
	<b>Sponsor:</b> SJ Community Theater		<b>Sponsor:</b> JLS Family Resource Center and SJ Library	
Friday 5/5	<b>ALPACA FARM TOUR</b> Get up close and personal with some of the coolest animals on the island. 3:15 – 4:30 PM	Krystal Acres Alpaca Farm 3501 West Valley Rd.	<b>COMMUNITY POTLUCK</b> Bring a fun dish to share and celebrate! Great food, certificates, and prizes for our Screen-Free Champions 5 – 7 PM	Family Resource Center Lawn 476 Market St.
	<b>Sponsor:</b> Krystal Acres Alpaca Farm		<b>Sponsor:</b> Joyce L. Sobel Family Resource Center	

Saturday 5/6	<b>FAMILY SWIM</b> Bring your swimsuits, towels, and goggles and get ready to have fun! 3:30-4:30 PM	San Juan Island Fitness 327 Argyle Ave.  <i>Note: kids 6 &amp; under must have an adult family member in the water with them</i>	<b>PIZZA AND CARD GAMES</b> Come order a pizza with a 20% discount when you show your Screen Free pledge card. Enjoy your pizza in house and play cards with the family. 5:00-7:30 pm	Van Go's Pizza 180 Web St.
<b>Sponsor:</b> SJI Fitness		<b>Sponsor:</b> Van Go's Pizza		

**\*\*\*ALL WEEK\*\*\***

- Pick up free books for at-home screen free time at the Family Resource Center, 9-3 pm
- Check out the amazing "Screen-Free" window display at Griffin Bay Books. Pop inside and show your pledge card to get 10% off any children's books and games.
- Choose a new toy at The Toy Box. Show your pledge card and get a 15% discount.